



HEART OF THE ROCKIES
REGIONAL MEDICAL CENTER

BODY FLUID COLLECTION KIT

BODY FLUID COLLECTION INSTRUCTIONS

Body fluids, other than CSF, are collected by syringe or vacuum system and should be placed **immediately** into the appropriate Laboratory vacutainers and deliver to the Laboratory **as soon as possible**.

- #1) **CELL COUNT - PURPLE TOP TUBE:** It is imperative that 1-3mls be put immediately into a purple top vacutainer so that it will not clot. Gently invert the tube a few times.
- #2) **CHEMISTRIES- RED TOP TUBE:** Glucose, LDH, protein, etc.
- #3) **CULTURE - RED TOP TUBE** or other sterile collection cup.
- #4) **CRYSTALS – PURPLE TOP TUBE:** Synovial (or other) fluid should be placed in vacutainer and gently inverted.

All specimens submitted must be labeled with two unique patient identifiers (i.e.: Full name/DOB).

For questions, please call the HRRMC laboratory at 530-2260.



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